

TOBACCO/NICOTINE CESSATION RESOURCES

TO HELP PEOPLE QUIT SMOKING AND/OR USING E-CIGARETTES

STATEWIDE RESOURCES

Quit Now Kentucky

Call 1-800-QUIT-NOW (1-800-784-8669)

Text QUITNOW to 333888

quitnowkentucky.org



My Life, My Quit (17 years old and younger)

Call 855-891-9989

Text START MY QUIT to 36072

mylifemyquit.com



LOCAL RESOURCES

Green River District Health Department (GRDHD)

Green River District Health Department has Health Educators who can help refer you to various community resources based on your needs.

Call 270-686-7747

healthdepartment.org/course/tobacco-facts



Owensboro Health Regional Hospital (OHRH)

Owensboro Health has certified Tobacco Treatment Specialists (TTS) who meet one-on-one with participants to discuss their triggers, concerns and previous attempts at quitting.

Call 270-417-7564

owensborohealth.org/services/smoking-cessation



Deaconess Henderson Hospital

Hailey Hagen, B.S., CPT

Team Leader – Wellness Solutions

Deaconess Corporate Center (Eagle Crest)

812-450-BFIT (2348)

hailey.hagen@deaconess.com



Health First Community Health Center

Candie Outlaw, RN

Quality Improvement Specialist

coutlaw@hfchc.net

Referral to Behavioral Health Specialist

Toll Free: 1-877-667-7017

After Hours: 270-667-7017

healthfirstcares@hfchc.net



Hancock County Tobacco Treatment Specialist (TTS)

Holly Simpson, MPA, TTS

Hancock County ASAP Coordinator

3549 State Route 1389

Hawesville, KY 42348

270-922-1018

hollyestessimpson@gmail.com

Freedom From Smoking (FFS)

Freedom From Smoking (FFS) is for individuals who are ready to quit smoking. This is a seven-week course and is offered at NO COST.

Owensboro Health Healthpark

270-688-3291

owensborohealth.org/services/community-wellness/freedom-from-smoking



Registration for Freedom From Smoking Course:

Gary Hall (GRDHD)

Phone: 270-344-5585; Email: gary.hall@grdhd.org

RiverValley Behavioral Health (RVBH)

RiverValley Behavioral Health has clinicians who are trained Tobacco Cessation Specialists and can provide one-on-one counseling support. *Medicaid and insurance are accepted. Telehealth services are available.*

Point of Entry: Call 270-689-6879

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HEALTH DEPARTMENT

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