



**For Immediate Release**  
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## **RiverValley Behavioral Health Crisis Stabilization Unit receives 2018 Award from Mental Health America of Kentucky**

**OWENSBORO, KENTUCKY** - The RiverValley Behavioral Health Crisis Stabilization Unit has won the 2018 Philip P. Ardery Award from Mental Health America of Kentucky. The Philip P. Ardery Award is given annually to a program or organization that provides a significant service to the local or statewide community regarding the promotion of mental health or the prevention of mental illness.

The Crisis Stabilization Residential Unit (CSU) is an adult residential program in Owensboro, Kentucky. The CSU serves adults in need of short-term intervention who are facing psychiatric crisis and are in need of a supportive environment. It is a voluntary unit that provides a safe atmosphere that is less restrictive than a hospital setting.

Michelle Nobles, MA, the Director of Crisis Services, in collaboration with a team of behavioral health professionals, provide 24/7 support. CSU clients participate in treatment, team meetings to establish goals for discharge, daily individual therapy and group therapy, psychiatric evaluation, psychoeducation, and daily skills/activities groups.

Dr. Wanda Figueroa, President & CEO, stated, "The RiverValley Behavioral Health staff continually amazes me with their excellent work and passion for the residents we serve. Our program exists to help community members experiencing a mental health crisis. We have a safe and supportive atmosphere with the necessary support to make sure they are stabilized, get better, and return to the community. We thank Mental Health America of Kentucky for this award and vow to continue working to improve mental health."

Mental Health America of Kentucky (MHA-KY) was founded in 1951 to promote mental health, prevent mental illnesses, and improve the care and treatment of persons with a mental illness. They were instrumental in the creation of Kentucky's community mental health services system and laws preserving the rights of people involuntarily hospitalized for a mental illness.

The CSU team will receive their award at the MHA-KY Annual Dinner on October 22<sup>nd</sup> at the University of Louisville.

RiverValley Behavioral Health has been a stabilizing, nurturing force for the communities it has served for over 50 years. They currently host over 21 Kentucky-based programs that include in-patient and out-patient services for those with mental health, developmental and intellectual disabilities (DD/ID), alcohol and drug addictions, prevention, recovery, and treatment.

For additional information, please contact Dr. Wanda Figueroa, President & CEO, at 270.689.6700 or [Figueroa-Wanda@rvbh.com](mailto:Figueroa-Wanda@rvbh.com).

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