



## KY-Moms MATR

Maternal Assistance  
Towards Recovery

KY-Moms MATR helps expectant mothers across the Commonwealth who are at risk for using alcohol, tobacco and other drugs, to reduce harm to their children from their substance use, during and after pregnancy.

This service is a collaboration between health departments, prenatal clinics and community mental health centers.

*“National and local surveys indicate that approximately **25.8%** of pregnant women will present with substance use; **4.7%** will present with illicit drug use, **18.9%** will present with nicotine use, and **10%** will present with alcohol use during the past month of their pregnancy.”*

*SAMHSA, 2015*

KY-Moms MATR efforts utilize a comprehensive approach and focus on:

- **Community Outreach and Education** • **Substance Abuse Prevention** • **Case Management services**

For more information regarding KY-Moms MATR in your community, please contact your regional coordinator.

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