

a healthier, safer start in life

For more information on
KIDS NOW Plus contact
RiverValley Behavioral Health today....



Kentucky Invests in Developing Success

Helping mothers provide their babies
with a healthier, safer start in life.



The KIDS NOW Plus Program is focused on serving women who are pregnant and who are at-risk for alcohol, tobacco, and other drug use during their pregnancy.

Specific prevention services are designed to

provide prevention education services to this at-risk population of women.



KIDS NOW Plus connects this population at the appropriate point during

their care with prevention services through substance use treatment, assisting in reducing harm to Kentucky children from maternal substance use during and after pregnancy.

KIDS NOW Plus improves Kentucky birth outcomes by helping women recover

from substance use disorders through engaging high-risk pregnant women in intensive case

management, substance use treatment, and other needed services.

a healthier mother = a healthier child

Contact

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KIDS NOW Plus Coordinator
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www.rvbh.com/services
(Chemical and Substance Abuse)

RiverValley Behavioral Health's KIDS NOW Plus services are available in the following Kentucky counties:

- Daviess
- Hancock
- McLean
- Ohio

RiverValley is a not-for-profit organization and is partially funded by reimbursements from Federal, CHFS, and the Commonwealth of Kentucky sources.

Brochure information provided by Kentucky's Department for Behavioral Health, Developmental & Intellectual Disabilities, Division of Behavioral Health Adult Substance Abuse Treatment & Recovery Services Branch.



www.rvbh.com



Getting ready for baby:

pregnancy, childbirth and beyond

The use of alcohol, tobacco, and other drugs during pregnancy can cause problems for both the mother and the infant. Prenatal exposure to these substances can lead to developmental and intellectual disabilities, mental health and behavioral problems, difficulty with learning, and poor health outcomes.

RiverValley Behavioral Health's KIDS NOW Plus program offers:

- Substance Prevention Education
- Alcohol & Drug Treatment
- Smoking Cessation Assistance
- Case Management
- Crisis Intervention
- Referral for Prenatal Care
- Information on Community Resources



KNOW THE FACTS:

- Alcohol use during pregnancy often causes more serious and irreversible harm to a developing baby than drug use.
- Fetal Alcohol Syndrome is the leading known cause for mental retardation. It occurs more frequently than other known causes and is 100% preventable.
- Smoking cigarettes during pregnancy can be just as harmful as drug use.
- Even if a woman uses alcohol, tobacco, or drugs throughout her pregnancy, regular prenatal care can greatly increase her chances of having a healthy baby. If a woman stops using at any time during her pregnancy, she increases her chances of having a healthy baby.



If you answer YES to any of these questions, KIDS NOW Plus can help!

1. Over the past two weeks, has worry, anxiety, depression or sadness made it difficult for you to do your work, get along with others, or take care of things at home?
2. Are you, your family, or friends concerned about your drinking or drug use?
3. Are you feeling at all unsafe in any way in your relationship with your current partner or with a previous partner?



Increase your chances of having a healthy baby